## Brockport Central School District

	Meat/Me	eat Alternative Grain	Fruit Veget	able Milk NY State	Product
	Monday	Tuesday	Wednesday	Thursday	
1	NO SCHOOL TODAY!	2 NO SCHOOL TODAY!	3 NO SCHOOL TODAY!	4 NO SCHOOL TODAY!	5 NO S
8	NO SCHOOL TODAY!	9 Fiestada Pizza or Assorted Deli Golden Sweet Corn Refried Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk	10 Deep Dish Cheese Pizza or Deep Dish Pepperoni Pizza Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk	11 Poffitz Mini Pancakes With a Sausage Patty Hashbrown Patties Celery Sticks Cupped Fruit Assorted Fresh Fruit Assorted Milk	
B	Chicken Nuggets with a Mini Pretzel Steamed Green Beans Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk	16 Taco in a Bag or a Soft Shel Or Assorted Deli Golden Sweet Corn Taco Fiesta Black Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk	I17French Bread PizzaTomato Soup Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted MilkD	18 Hot Ham and Cheese on a Pretzel Roll or Assorted Deli French Fries Tomato and Corn Salad Cupped Fruit Assorted Fresh Fruit Assorted Milk	19 It Piz B
22	a Mini Pretzel Steamed Green Beans Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk	23 Chicken Quesadilla Or Assorted Deli Golden Sweet Corn Refried Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk	24 Cheese Pizza Or Pepperoni Pizza Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk	25 Pasta with Meatballs Or Plain Sauce Garlic Parm Broccoli Cucumber Wheels Cupped Fruit Assorted Fresh Fruit Assorted Milk	26 NO
29 C	Mini Pretzel Steamed Green Beans Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit	30 Cheeseburger or Hamburger French Fries Baked Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk	1 School Made Cheese Pizza or School Made Pepperoni Pizza Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk	2 Hot Dog on a Bun Or Italian Sausage w/ or w/o Peppers and Onions Mashed Potatoes Cucumber Wheels Cupped Fruit Assorted Fresh Fruit Assorted Milk	3 Toa B C
	<u>Mondays</u> Assorted Breakfast Bars Cereal, Muffin, or Poptart Fresh Fruit or Cupped Fruit & Milk	Tuesdays Bagel with Condiment Cereal, Muffin, or Poptart Fresh Fruit or Cupped Fruit & Milk	Wednesdays Assorted Breakfast Sandwiches Cereal, Muffin, or Poptart Fresh Fruit or Cupped Fruit & Milk	This institution Thursdays NEW Assorted Yogurt Parfaits Cereal, Muffin, or Poptart Fresh Fruit or Cupped Fruit & Milk	is an equal of Asso Cere Fresh





Steamed Broccoli Cucumber Wheels Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk

Italian Cheesy Pull Aparts With Sauce Or

izza Crunchers with Sauce

Sweet Peas Steamed Broccoli Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk





basted Cheese Sandwich or Breaded Fish Sticks

Steamed Broccoli Coleslaw Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk

l opportunity provider. Fridays

ssorted Cinnamon Rolls creal, Muffin, or Poptart sh Fruit or Cupped Fruit & Milk

## Served Daily: Assorted Salad Plates PBJ

Yogurt Plate

Choice of Milk: 1% White Milk Skim Milk Low Fat Chocolate

Every Meal Includes: 2 Servings of Fruit 1 Serving of Each Vegetable

Every meal must include a 1/2 cup fruit or vegetable.

Meal Prices: Full Breakfast: Free at this time. Reduced Breakfast: Free at this time. Full Lunch: Free at this time. Milk: \$.70 Reduced Lunch: Free at this time.

> Food Service Contact:

Phone: (585) 637-1846 Email: Foodservice@bcs1.org

> Menu Subject to Change depending on product Availability.

If you have a food allergy, please notify us. Allergy information is available for prepared

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